







November

2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
60 and Better Program					1 Coffee and Cinnamon Roll Baking Sitter Cise Bingo	2 
3 	4 Games and Puzzles Group exercise Trivia	5 This or that game Sitter Cise Word puzzles	6 Dollar Tree Shopping Trip Lunch out	7 Fresh Conversations: What's Trending Chair Yoga	8 Bingo Group Walk Bird Feeder Making	9
10	11 Veterans Day Closed	12 Thanksgiving Craft Qigong Ping Pong	13 Community Health Fair Hampton SC	14 Walmart shopping excursion Lunch Out	15 Jewelry Making Chair exercises November Trivia	16 
17 	18 Board Games Sitter Cise Indoor Putting Green	19 Card games Waterfront Park	20 Coffee and Current Events Pool (Billiards)	21 Board Games Lunch at Bricks at Boundary	22 Bingo Word Puzzles	23
24	25 Cupcake Decorating Group Walk Coloring Fun	26 Fresh Express at Bluffton Self Help Lunch at Cracker Barrel	27 November Birthday Bash Memory Puzzles/Games	28 Thanksgiving Day Closed	29 Closed	30 
			Outings (Trips) are Highlighted	Lind Brown Center 1001 Hamar Street Beaufort, SC 29902	Sandra Stanfield 843-605-3422 Senior Program Supervisor	All Activities Are Subject to Change