## SCOTT SENIOR CENTER

60 & Better



B-I-N-G-O

HAPPY

NEW YEAR'S EVE



## 2024

Hours: 8:00am - 4:00pm (Monday - Friday)

(843) 476-6907

\*\* EVENTS ARE SUBJEECT TO CHANGE \*\*

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
World AIDS Day. Every Year. December 1st.	2) Christmas Spirit Week Merry & Bright Monday Decorate the Christmas Tree	3) MENTAL MEMORY GAME T'was the Night Tuesday Hidden Pictures B-I-N-G-O	4) Field Trip Festival of Trees Charleston Place Charleston, SC	5) Holly Jolly Hat Thursday Roll A Snowman Game Color by Number	6) How many Kisses are in the jar? Festive Socks Friday B-I-N-G-O	-NATIONAL- HANDWASHING AWARENESS WEEK
8) Daily Activities Morning Devotion 10:30 - 10:45 Social Time 11:00 - 12:00 Group Dining - 12:00	9) Make Gingerbread House Twelve Days of Christmas Marathon B-I-N-G-O	10) Fresh Conversations Topic: ORAL HEALTH Walk with Ease Christmas Tree Ornament Craft	11) Field Trip Energy Evolution Christmas Mingle LUNCH Seaside Bar & Grill	12) Gingerbread Day GINGERBREAD HOUSE CONTEST Holiday Parade Hidden Pictures B-I-N-G-O	13) Santa's Toybag Fresh Produce Distributions 10 am – 12 Noon St. Helena Elementary School Beanbag Toss	CROHN'S AND COLITIS AWARENESS WEEK DECEMBER 1-7
WARM WISHES AND MARSHMALLOW  VISSES	16) Field Trip Senior's Volunteer Day New Life Deliverance Food Bank St. Helena Island, SC	17) Holiday Scavenger Hunt  Arthritis Exercise B-I-N-G-O	18) Color by Number Hot Chocolate with Marshmallows	19) All About Santa Word Search Christmas Song Sing-Along B-I-N-G-O	20) Christmas Party Gift Exchange FUN FOR EVERYONE	WANT FOR Chris+mas
Have Yourself a Merry Little Christmas!	SENIOR CENTER  CLOSED  for the  HOLIDAYS	24) SENIOR CENTER CLOSED CHRISTMAS EVE	WE WILL BE CLOSED ON 25 DEC FOR CHRISTMAS	26)Jigsaw Puzzling Sit & Be Fit Tablet TechKin'	27) Chit-Chat, Chew  Color by Number  B-I-N-G-O	28)
29)	Doris C. Johnson – 3rd	New Year's Eve	CENTER CLOSED  HAPPY NEW YEAR	Mary G. Bolles – Program Supervisor 242 Scott Hill Road St. Helena Island, SC 29920		

**SENIOR NOTES:** 

Lillian Simmons – 19th

Ida M. Alston – 22<sup>nd</sup>

Mary G. Bolles - 26th

Marie Chisolm - 28th

87.7



## **MENTAL HELP FOR CHRISTMAS STRESS**

Open up to others. You don't have to face this alone.

MAKE A GIFT INSTEAD OF BUYING ONE. CREATIVITY CAN BE THERAPEUTIC.

Get outside, even if it's cold. Nature heals!

Start a new holiday tradition instead of focusing on what once was.

Treat yourself. A little self-care can go a long way.



## **Christmas Riddles**



- 1. Which of Santa's reindeer can you see from space?
- 2. What comes at the end of Christmas?
- 3. Why do reindeer wear bells?
- 4. Elves can make this but can't see or hold it. What is it?
- 5.December and January have 31 days. How many of them have 28 days?
- 6. What is it called when you decorate the entryways?