

# January

2025

Bluffton Senior Center

## 60's and Better Program

"New Year's Day. A fresh start. A new chapter in life waiting to be written. New questions to be asked, embraced, and loved. Answers to be discovered and then lived in this transformative year of delight and self-discovery." — Sarah Ban Breathnach










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**Highlighted = Outing** - Events are Subject to Change (Weather P.)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 <b>Closed</b>	2 Josh (Gospel Zumba) + Cards	3 Senior Breakfast+ Fellowship	4 
5 	6 Fresh Conversation Lets Keep the Blood Flow + Bingo	7 Art & Craft Senior Editon	8 Bingo + <b>Camp AME Church (Produce)</b>	9 <b>Ida Closet</b> + Cards	10 <b>Theater Day</b> Movie & Popcorn	11 
12 	13 Bingo + Lauren Shape (Weighted Weights)	14 <b>Sprenger Health Care Exercise+Lunch</b>	15 Bingo + <b>Camp AME Church (Produce)</b>	16 Baking Day Cookies	17 Bingo Bash Host : Addus HomeCare	18 
19 	20 <b>Closed</b>	21 Board & Cards Games Day	22 Bingo + <b>Camp AME Church (Produce)</b>	23 <b>Sprenger Health Care Arts &amp; Craft</b>	24 <b>Senior Outing Shopping + Lunch</b>	25 
26 	27 Lauren Shape Up (Yoga) + Bingo	28 <b>Bluffton Self Help</b> + Cards	29 Bingo + <b>Camp AME Church (Produce)</b>	30 Technology Day Phone + Labtops	31 Senior Birthday Celebration	