

St. Helena
Senior Center
60 & BETTER

JANUARY

Terry Dortch – Program Supervisor
(843) 541-1539
Hours: 8AM – 4PM (Mon – Fri)
** Activities are subject to change**

2025						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1  Closed	2 Tanger Outlets in Pooler, GA & Metro Diner	3 Word Search Puzzle Race & Tablet Games	4
5	6 Chair Exercise/Walk & Pitty Pat Tournament 	7 Bowling @ Station 300 in Bluffton	8  & Jazzercise	9 Board Games & Name That Tune 	10 Bean Bag Toss & Coloring Contest 	11
12	13 Bible Trivia & Search the Scripture	14 Salvation Army North St. & Breakfast and Bingo	15. Bingo & Chair Exercises (Supervisor B-Day) 	16 Cornhole & Arts and Crafts	17 Fresh Conversation (Let's keep the blood flowing)	18
19	20  Closed	21 MLK Trivia & Celebration	22 Shopping @ New Beaufort Plaza & Ihop for Lunch	23 B-I-N-G-O & Ball Toss	24 Arts and Crafts & Tablet Day	25
26	27 Chair Exercises/Walking Routine & Board Games	28 Arts and Crafts & Card Games	29 Blackville Healing Waters & Lunch @ Duke Restaurant	30  & Cornhole	31 Social Day & Board Games	

