

February

2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 2 Activity Sheets Qigong Dominoes	3 Pitty Pat Card Game	4 Hampton Foodshare Box Pickup Lunch outing	5 St. Helena Outing Card Games	6 Bingo Trivia Time Chair Exercises	7 Bingo Trivia Time Chair Exercises	8 
 9 Chair Exercises Card Games	10 Tea Party Valentine Card Crafts	11 Bingo Past and Present Pairs	12 Essentials Shopping Activity Sheets	13 Valentines Day Party & Crafting with Olivia from Amedysis Hospice	14 Valentines Day Party & Crafting with Olivia from Amedysis Hospice	15 
 16 	17 	18 Fresh Conversations: Alcohol and Falls Prevention! Chair Yoga	19 Tillman Sand Heritage Preserve Lunch Outing	20 Dollar Tree Shopping Coffee and Conversations	21 Bingo Dominoes	22 
 23	24 Activity Sheets Bread Baking	25 Chair Exercises Puzzles	26 Barefoot Farms Visit Pitty Pat Card Game	27 Card Games Bingo	28 	
 16	24 Lind Brown Center 1001 Hamar Street Beaufort, SC 29902	26 Sandra Stanfield 843-605-3422 Senior Program Supervisor	27 All Activities are Subject to Change	28 Highlighted items are outings (Field Trips)		