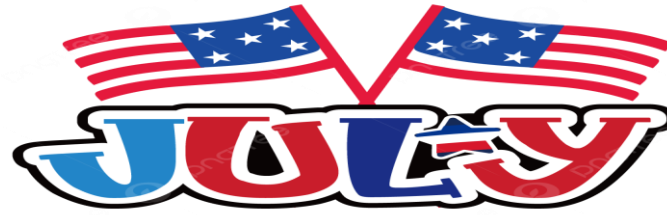


SCOTT SENIOR CENTER
60 & Better



2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Daily Activities Morning Devotion 10:30 – 10:45 Social Time 11:00 – 12:00 Group Dining – 12:00</p>	<p>1) Tie Dye T-Shirt Craft July 4th Word Search Beanbag Toss</p>	<p>2) A Walk Down Memory Lane on the 4th of July Hidden Pictures B-I-N-G-O</p>	<p>3) Beaufort County 60 & Better COOKOUT 10:30 AM 4TH OF JULY CELEBRATION</p>	<p>4) HAPPY 4th of July CENTER CLOSED</p>	<p>5) CHIT-CHAT CHEW How many words can you make from MENTAL HEALTH? B-I-N-G-O</p>	<p>6) #TAKE CARE OF YOURSELF</p>
<p>7) July is MINORITY MENTAL HEALTH AWARENESS MONTH <small>nami.org/mentalhealthmonth</small></p>	<p>8) FLAG RELAY Mental Health Trivia WORD SEARCH & SUCH</p>	<p>9) Color by Number B-I-N-G-O ZUMBA with Shenese Rivers</p>	<p>10) Sew for What You Know Hurricane Word Search FAMILY FEUD</p>	<p>11) Fresh Conversations Topic: The Connection Between Diet, Exercise, and Sleep B-I-N-G-O</p>	<p>12) BEANBAG TOSS Karaoke Sing-Along</p>	<p>13) 68TH ANNUAL WATER FESTIVAL BEAUFORT, SC 2024</p>
<p>14) </p>	<p>15) FISHING TRIP The Sands Port Royal, SC</p>	<p>16) Sit & Be Fit B-I-N-G-O Find the Hidden Pictures</p>	<p>17) FIELD TRIP Station 300 BOWLING DAY OUT 12:00 - 1:00</p>	<p>18) ** Local Trip ** SENIOR DAY SOCIAL Brick Baptist Church St. Helena Island</p>	<p>19) Seashell Picture Frame Craft B-I-N-G-O</p>	<p>20) MENTAL HEALTH MATTERS</p>
<p>21) 2024 Atlantic hurricane season</p>	<p>22) BLOOD PRESSURE ✓ Lady's Island Fire Dept. B-I-N-G-O</p>	<p>23) Gorgeous Grandma Dress-Up Day Chain Reaction Game</p>	<p>24) Beltone Hearing Aids Presentation - 10:00am B-I-N-G-O</p>	<p>25) FIELD TRIP U-PICK Chappell Peach Farm Allendale, SC</p>	<p>26) Sew for What You Know Beanbag Toss</p>	<p>27) KEEP CALM AND BUY WATER & BATTERIES</p>
<p>28) "There is hope even when your brain tells you there isn't." ~John Green</p>	<p>29) Mix & Mingle Dale Senior Center (WEAR YOUR GOLD T-SHIRT) Beanbag Toss</p>	<p>30) Silver Sneakers Exercise B-I-N-G-O</p>	<p>31) Happy Birthday Arthur Johnson – July 19th</p>	<p>Mary G. Bolles – Program Supervisor 242 Scott Hill Road St. Helena Island, SC 29920 Hours: 8:00am – 4:00pm (Monday – Friday) (843) 476-6907 ** EVENTS ARE SUBJECT TO CHANGE **</p>		

Life may knock
you down, but it's
up to you to get
back up again.

MINORITY MENTAL HEALTH AWARENESS



4TH OF JULY PICNIC



WORD SEARCH PUZZLE

The words appear UP, DOWN, BACKWARDS, and
DIAGONALLY. Find and circle each word.

B W V E G E T A B L E S V F S
R I T H H M H C H I P S R I C
S N A C E P A E K A C E O A R
E G C U F D S E I G N L N I V
I S O P R B A B R C B E B B T
N A B C U C U N H C K S I E P
W E B A I M O F O C E C F A O
O T L K T B R O I M O C S N P
R E E E O I K H K R E T I S S
B C R S E V C R N I A L C J I
C I X S L J W A L S E L O C C
P W A T E R M E L O N S O E L
I M H A M B U R G E R S T N E
E J S T E A K V S A L A D O S
H O T D O G S U I C H C N U P

BEANS
BROWNIES
CAKE
CHICKEN
CHIPS
COBBLER
COLESLAW

COOKIES
CORN
CUPCAKES
FRENCH FRIES
FRUIT
HAMBURGERS
HOT DOGS

ICE CREAM
ICE TEA
LEMONADE
PASTA
PIE
POPSICLES
PUNCH

RIBS
SALAD
STEAK
VEGETABLES
WATERMELON
WINGS

Riddles and Such ...

1. What did one flag say to the other flag?
2. What word has four eyes but cannot see?
3. What is the best sport to play of 4th of July?
4. What's a firework's favorite song?
5. Knock, knock! Who's there? Ken. Ken who? Ken you lend me five dollars to buy fireworks for the 4th of July party?