

**CHARLES LIND BROWN
SENIOR CENTER
60 & BETTER**



2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Daily Activities Morning meeting 10:15a – 10:40a Social hour/Activity 11:00 – 12:00 Group Dining –12:00p	1) Golf Game & Pool tournament	2) Mystery word trivia & Arts & Craft	3) Independence Day Celebration	4) 	5) BINGO & Card Games	6)
7)	8) Memory & slogan trivia games	9) Gym games & Exercise Room	10) Pickleball training & Chair Exercise	11) Memory & slogan trivia games	12) BINGO & Card Games	13)
14)	15) Dominos & Fresh Conversations: "The connection between diet, exercise, and sleep"	16) Table Tennis Pool Tournament	17) Arts & Crafts <hr/> Healthy Conversation: Diabetes Awareness	18) Board Games & Cornhole	19) BINGO & Games	20)
21)	22) Gym games & Exercise Room	23) <hr/> Arts & Crafts Community Talk	24) Essential Shopping	25) Sports talk & Hydration Awareness	26) BINGO & Spades Tournament	27)
28)	29) Cornhole practice/ Golf game	30) Board Games & Cornhole	Terry Dortch- Program Supervisor 1001 Hamar Street Beaufort, SC 29902 Hours: 9am – 4pm (Monday- Friday) ** Activities are subject to change**		*** Activities are subject to change***	

30) Table tennis training & Arts & Craft						
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