Charles "Lind" Brown Recreation Center 843-255-6797

> Open M-F, 11am-7pm Sat, 8am-4pm



bftparksandrec





REAUFORT

GET MORE INFORMATION HERE

Ditch the boring workout and dance your way to fitness! Zumba blends Latin & international beats with high-energy moves to keep you sweating, smiling, and feeling AMAZING! No experience needed—just bring your energy! Why Zumba? Burn calories & build stamina, boost strength, flexibility & coordination, improve heart health & cognitive function, relieve stress & elevate your mood.

> Wednesdays | 12:00 PM - 1:00 PM | Recommended time of arrival: 11:45 AM Charles "Lind" Brown Recreation Center

Pay just \$5 at the front desk using cash, Visa, Discover, or Mastercard ☐ Sign Up & Save Time! Create a FREE RecDesk account with us for quick & easy payments—no hassle, no delays when you arrive the first time! Questions? Call Shanice at 843.476.5705

Adult Aerobics · Adult Baseball · Adult Dance Classes · Adult Fitness Classes · Adult Soccer · Adult Basketball Adult Softball · Adult Water Aerobics · Adult Volleyball · Adult Kickball · Adult Swim Lessons · Adult Yoga Classes Adult Tennis Lessons · American Red Cross Lifeguard, CPR & First Aid, Water Safety Instructor Classes · Scuba Certification Weight Rooms • Room Rentals • Field, Court, Facility, Playground, and Pool Rentals • Indoor & Outdoor Basketball Courts Tennis Courts · Pickleball Courts · Youth Basketball · Youth Baseball · Youth Softball · Youth Flag Football · Youth Lacrosse Youth Soccer • Youth Martial Arts • Youth Cheerleading • Youth Swim Lessons • Youth Summer Camps • Special Events Sponsorship Opportunities • Community Instructor Opportunities • Walking Paths and Tracks • Dog Parks • Skate Park Referee & Official Training Opportunities · Slip & Splash Inflatable Obstacle Courses · Ninja Courses · Swim Teams Indoor & Outdoor Pools • 60 & Better Senior Programs • Volunteer Coaching Opportunities • Employment Opportunities