St. Helena

Senior Center

Terry Dortch – Program Supervisor (843) 541-1539 Hours: 8AM – 4PM (Mon – Fri) ** Activities are subject to change**

60 & BETTER

			2025			, ,
Sun	Mon	Tue	Wed	Thu	Fri	Sat 1
2	Cornhole & Word Search	4 Winter White Tea Celebration & Tablet Day	5 PINGO! Card Games	(dress in purple, green and gold)	7 Board Games & Memory Trivia	8
9	10 Essential Shopping @ Beaufort Plaza IHCP	A moment in Women's History Day	12 RINGO! & Card Games	National Popcorn Lover's Day Board Games	Tablet Day & Slogan Trivia	15
16	(wear green) Family Feud & Chair Exercises	18 Fresh Conversation "Protein: Not just a supper thing" & Word Search	19 RINGO! & Tell a Joke Day	20	Tablet Day & Pity Pat Tournament	22
23	24 Walking Club, Stretch and Reach & Slogan Trivia	25 Bean Bag Toss & Painting	26 RINGO! & Search the Scripture	27 @ Thrift Store in Bluffton	28 Card Games & Slogan Trivia	29
30	31 Family Feud & Match the Number Painting	Senior note: Please remember to	o sign attendance an	d meal reservation s	sheets	