

St. Helena
 Senior Center
 60 & BETTER

March

Terry Dortch – Program Supervisor
 (843) 541-1539
 Hours: 8AM – 4PM (Mon – Fri)
 ** Activities are subject to change**

2025						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
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2	3 Cornhole & Word Search 	4 Winter White Tea Celebration & Tablet Day	5 BINGO! & Card Games	6 Mardi GRAS (dress in purple, green and gold) & Crafts	7 Board Games & Memory Trivia	8
9	10 Essential Shopping @ Beaufort Plaza 	11 A moment in Women's History Day	12 BINGO! & Card Games	13 National Popcorn Lover's Day &  Board Games	14 Tablet Day & Slogan Trivia	15
16	17 HAPPY St Patrick's DAY (wear green) Family Feud & Chair Exercises	18 Fresh Conversation "Protein: Not just a supper thing" & Word Search	19 BINGO! & Tell a Joke Day	20 @ Sea Island Bar and Grill	21 Tablet Day & Pity Pat Tournament 	22
23	24 Walking Club, Stretch and Reach & Slogan Trivia	25 Bean Bag Toss & Painting 	26 BINGO! & Search the Scripture	27 @ Thrift Store in Bluffton	28 Card Games & Slogan Trivia	29
30	31 Family Feud & Match the Number Painting	Senior note: Please remember to sign attendance and meal reservation sheets				