


March

Women's History Month

2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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2	3 Build your Autobiography Journaling & Picture Day	4 Shamrock & Rainbow Crafts	5 Workout Wednesday Prayer & Meditation W/ Prophetess Carrie Major	6 Fresh Conversations: Protein: Not just a Supper Thing	7 Bingo Dominoes	8
9	10 Women's History Trivia Name That Tunes	11 Bingo Chair Exercise & Yoga	12 Field Trip Penn Center Museum Lunch @ Gullah Grub	13 Matching & Memory Games Crossword Puzzles	14 Movie Day "Hidden Figures"	15
16	17 Scavenger Hunt Dress in your shades of Green 	18 Arts & Crafts	19 Workout Wednesday Jewelry Making	20 Pitty Pat Card Games Pool Table	21 Build a Bird House Bingo	22
23	24 Muscle Moving Monday Bingo/Board Games	25 Bluffton Self Help Thrift Shopping w/Port Royal Center	26 Gardening Word Search & Memory Games	27 Journaling Storytelling	28 Movie Day "League of Their Own" Birthday Celebration	29
30	31 Talent Show Karaoke		*All trips are highlighted in yellow*	** Events are subject to change*	Lind Brown Center 1001 Hamar Street Beaufort, SC 29920	DeAnna Abner Senior Program Supervisor (843) 812-6196