

**BURTON WELLS SENIOR  
CENTER  
60 & BETTER**



**2024**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<b>Daily Activities</b> Morning meeting 10:15a – 10:40a Social hour 11:00 – 12:00 Group Dining – 12:00p	1) Color by Number <hr/> <b>BINGO</b>	2) Roundtable Discussion <hr/> Folder Activities	3) <b>Fresh Conversations: Colorful Plate</b> <hr/> Lunch @ Jason's Smokehouse (bus leaves @11:30p)	4) <b>Chair exercise &amp; Games</b>	5)
6)	7) IGA Walterboro, SC <hr/> Lunch @TBA (bus leaves @ 10:30a)	8) <b>Popup Gospel Zumba</b> <i>With Shanese Heyward</i>	9) Morning Stroll <hr/> Cornhole Tournament	10) <b>S.C Dept. of Public Health Visit at 10:30a</b> 	11) <hr/> <b>Free Friday Tablet games</b>	12)
13)	14) <i>Chair Exercise</i> <hr/> <i>Folder activities</i>	15) <hr/> <b>Tablet Card games</b>	16) <b>Mix &amp; Mingle w/ Bluffton Center</b> <i>(bus leaves @ 10a)</i>	17) <b>BINGO</b> <hr/> <b>Ring Toss Challenge</b>	18) <hr/> <b>Morning Walk Craft</b>	19)
20)	21) <b>Word Search Trivia</b>	22) <b>Medicare Info Session W/ Ms. Hicks</b>	23) Painting <hr/> Board games	24) <hr/> <b>Craft Word games</b>	25) <b>Free Friday/ Games w/ soft melodies</b>	26)
27)	28) <b>Chair exercise &amp; Yoga</b> <hr/> <b>Bean Bag Twister Game</b>	29) Bluffton Self-Help Wal-Mart Lunch @ Sam's (bus leaves @ 9:30a)	30) Chair exercise <hr/> Checkers tournament  Happy Halloween	31) <hr/> <b>BINGO</b> <i>Sing-along</i>	<b>Mamie Middleton- Program Supervisor</b> 1 Middleton Recreation Drive Beaufort, SC 29906 Hours: 8am – 2pm (Monday- Friday) (843) 592-6087	